

FINANCIAL BOUNDARIES



Setting financial boundaries is an important part of maintaining a healthy relationship with your money. Use this worksheet to help you create some money boundaries you can incorporate into your life.

| What are my financial goals? | How am I working to achieve these goals? |
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Do you ever get off track with your financial goals? Are there certain events that derail your budget month after month? _____

Do you ever sacrifice money towards your financial goals to live in the moment? What are these circumstances? _____

Now, it is time to set some financial boundaries to keep you on track. Think about your goals and the things that you find getting in the way of achieving them.

| What are three financial boundaries you can incorporate into your life? |
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