

28-DAY

Spring Cleaning Challenge

☒ DAY 0 PRINT SPRING CLEANING CHECKLIST	☐ DAY 1 BED PILLOWS	☐ DAY 2 AIR VENTS & FILTER	☐ DAY 3 WIPE DOWN WALLS	☐ DAY 4 ALL LIGHT FIXTURES	☐ DAY 5 CLOSET SHELVES & FLOORS
☐ DAY 6 BLINDS AND SHUTTERS	☐ DAY 7 LIGHT SWITCHES & DOOR HANDLES	☐ DAY 8 RANGE HOOD & VENTS	☐ DAY 9 ALL BASE- BOARDS	☐ DAY 10 KITCHEN TRASH CANS	☐ DAY 11 UNDER AREA RUGS & MATS
☐ DAY 12 DISHWASHER SEAL & DISPENSER	☐ DAY 13 WASHING MACHINE & DISPENSER	☐ DAY 14 CEILING FAN BLADES	☐ DAY 15 COUCH AND CUSHIONS	☐ DAY 16 MICROWAVE INSIDE AND OUT	☐ DAY 17 UNDER BEDS & DRESSERS
☐ DAY 18 PANTRY AND CUPBOARDS	☐ DAY 19 WIPE DOWN KITCHEN CABINETS & DOORS	☐ DAY 20 FLIP & ROTATE MATTRESSES	☐ DAY 21 SHOWER HEAD & CURTAIN	☐ DAY 22 KITCHEN UTENSIL DRAWER	☐ DAY 23 KITCHEN SINK & FAUCET
☐ DAY 24 FRIDGE SHELVES & DOOR SEAL	☐ DAY 25 STOVE GRATES	☐ DAY 26 DINING ROOM CHAIRS	☐ DAY 27 INSIDE OVEN	☐ DAY 28 UNDER ALL FURNITURE	