## Weekly Meal Plan

	SUNDAY	NOTES	SNACKS
B			S
			M
D			T
	HONDAY		W
R	MONDAY		<u>Th</u>
B			F
0		,	S
D			
	TUESDAY	groc	ery st
B		DAIRY	PRODUCE
O			
D			
	NEDNESDAY		
В			
D		MEAT	FROZEN
-	THURSDAY		
B	INUKSDAT		
D			
	FRIDAY	DRY GOODS	OTHER
B			
B			
D			
	SATURDAY		
B			
0			
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